

Module Title:		Movement Studies		Leve	el:	4		Credit Value:	2	0	
Module c	ode:	HUM416	New Existing	□		Code of module being replaced:			N/A		
Cost Centre: GATP		GATP	JACS3 code:		W400						
Trimester(s) in which to be offered:				With effect September 16							
School:	School: School of Creative Arts			Module Leader: Rebecca Woodford-Smith							
Scheduled learning and teaching hours				60 hrs							
Guided independent study				140 hrs							
Placement				0 hrs							
Module duration (total hours)				200 hrs							
Programme(s) in which to be offered									Cor	e	Option
BA (Hons) Theatre, Television and Performance ✓ □											
Office use only Initial approval September 16 APSC approval of modification Enter date of approval  Have any derogations received SOC approval?  Yes □ No ✓											



### **Module Aims**

To develop an understanding of movement principles in the use of the body with safe practices

To allow focus on the relationship between and mind and body for physical discipline

To develop a practical understanding of working as an ensemble in performance

To study movement as a creative expressive language through performance and analysis

To develop an understanding of historical and contemporary movement practices and practitioners

# **Intended Learning Outcomes**

Key skills for employability

KS1	Written and madic communication skills
_	Written, oral and media communication skills
KS2	Leadership, team working and networking skills
KS3	Opportunity, creativity and problem solving skills
KS4	Information technology skills and digital literacy
KS5	Information management skills
KS6	Research skills
KS7	Intercultural and sustainability skills
KS8	Career management skills
KS9	Learning to learn (managing personal and professional development, self-
	management)
KS10	Numeracy

At	the end of this module, students will be able to	Key Skills		
1	Demonstrate an understanding of movement principles and an	KS1	KS3	
	awareness of personal physical well-being and development.	KS6	KS9	
2	Experiment with improvisational movement and create work through employing choreographic devices.	KS1	KS3	
	through employing choreographic devices.	KS10		
3		KS1	KS2	
	Work collaboratively and with interest as part of an ensemble.	KS3	KS7	
		KS8		
4	Demonstrate an understanding of and critically discuss historical and contemporary movement practices and	KS1	KS3	
	practitioners	KS4	KS5	



		KS6	KS9				
Tra	Transferable/key skills and other attributes						
2.   3. (4.   5.   6.   7.   8. (9.	Written, oral and media communication skills Leadership, team working and networking skills Opportunity, creativity and problem solving skills Information technology skills and digital literacy Information management skills Research skills Intercultural and sustainability skills Career management skills Learning to learn (managing personal and professional developme	nt, self-mana	gement)				
De	Derogations						
No	ne						



#### Assessment:

Assessment for this module consists of two assessments. The first assessment will be a practical project weighted at 50% and the second will be a written reflective blog weighted at 50%.

Students will be assessed on:

Assessment 1 (Practical Project):

The ability to experiment with improvisational movement and create work through employing choreographic devices.

The ability to work collaboratively and with interest as part of an ensemble.

The ability to conduct independent research towards the project.

Assessment 2 (Reflective written blog):

The ability to demonstrate an understanding of and critical reflection on movement principles and an awareness of personal physical well-being and development.

The ability to give a clear outline of the movement sessions.

The ability to demonstrate an understanding of and critically discuss historical and contemporary movement practices and practitioners.

Technical competence: effective structuring; grammar; use of references; and bibliography.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	2, 3, 4	Practical	50%		N/A
2	1, 4	Reflective Practice Assignment	50%		1500 words

#### **Learning and Teaching Strategies:**

Learning and Teaching will occur through practical workshops. Choreographic and improvisational tasks devised by the lecturer will enable students to develop their own approaches to creating performance material. Sessions will also focus on the theoretical approaches of movement studies through studying a range of movement principles. Guided learning will be included to support the workshop content.

Students will have the opportunity to submit work through Turnitin/Moodle.

#### Syllabus outline:

- This module will introduce students to the principles of movement as tools for the creative performer.
- Students will be introduced to the basic principles of awareness, articulation, energy and neutrality, the body in space, presence, play, rhythm and gesture. These principles will be explored through practice via core principles of performer training, improvisation, performer presence, the creative performer and composition.
- Physical training will focus specifically on the ensemble and on the ensemble in a performance.



### Bibliography:

### **Essential reading**

Burnett Bonczek, R. & Storck, D. (2012) *Ensemble Theatre Making: A Practical Guide,* London & New York: Routledge.

Callery, D. (2001) Through the Body: A Practical Guide to Physical Theatre, London: Nick Hern Books

### Other indicative reading

Loui, A. (2009) *The Physical Actor: Exercises for Action and Awareness*, London & New York: Routledge.

Marshall, L. (2001) *The Body Speaks: Performance and Physical Expression*, London: Methuen Drama.

Murray, S. & Keefe, J. (2007) *Physical Theatres: A Critical Introduction*, London & New York: Routledge.

Newlove, J. & Dalby, J. (2004) Laban for All, London: Nick Hern Books.

Radosavljević, D. (Editor) (2013) *The Contemporary Ensemble: Interviews with Theatre-Makers*, London & New York: Routledge.

Shrader, C. A. (2004) *A Sense of Dance: Exploring your Movement Potential*, Leeds: Human Kinetics Publishers.

Yakim, M. (1990) Creating a Character: A Physical Approach to Acting, New York & London: Applause.

Zarrilli, P. B. (2009) *Psychophysical Acting: An Intercultural Approach After Stanislavski*, London & New York: Routledge.

#### Electronic Resources:

Hodge, A. (2013) Core Training For The Relational Actor (DVD ROM), London & New York: Routledge